



info@spiritualgrowth4U.com

47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Calendar for Aug 2017 Sunday services

Aug 6	Val & Barry Gordon
Aug 13	Hettie Mentzer
Aug 20	Maria Heke
Aug 27	Ross Thompson

Our AGM was held on Sunday 16th July 2017 after service at 7pm. We are pleased to announce our serving committee for the current year July 2017 – June 2018 is as follows

COMMITTEE Jul 2017 -Jun 2018

President: Karena Dixon
 Vice President: Reg Litherland
 Secretary: Susan Fromm
 Treasurer: Gina Smith
 Committee Members: Barry Hall, Shelley Hornell, Annette Brooks.

We welcome all who would like to be a part of our church and help with the behind the scenes tasks. Our committee members are instrumental in bringing you all our events including our weekly service.

Ministers of the Church

The committee is happy to announce that we have two Ministers – Matthew Tod and Susan Kirker. Congratulations to both.

Raffle – Pamper package – this was drawn at our service on Sunday 6th August. The winner is our very own Mr Barry Hall. Congratulations Barry, we hope you will enjoy your pampering.

DON'T FORGET our Painting Competition!

The committee of the South Auckland Spiritualist Church would like to invite artistic people to take part in a competition to produce an appropriate painting to be hung on the wall of the Church foyer. The painting size would be a minimum of 120cm x 80cm. Entries will be judged by the Church committee and a prize \$500 is on offer to the winner. All entries will be given the opportunity to display their work in the Church. Entries close 15th October 2017.

Classes 2017

- **Open Development Circle** – A Monday night development circle to learn how to develop your mental faculties and connect with spirit in a safe and supportive environment.

Monday Aug 14th and 28th. Class from 7pm-9pm. All Welcome.

Enquiries to Matthew Tod at odc@spiritualgrowth4U.com or phone 021 1736344.

- **Healing Class** – Monday 7th and 21th August.

Inspirational Words from Spirit

Temperance

Walk gently through your day. Temper your thoughts with love and calmness. Listen to the music of the universe and the sounds of silence to centre yourself. Allow the sun to warm you and share its energy with you, and pass this energy to all you meet. Face each challenge with an open mind and an open heart to allow you to temper yourself to a gentle wave of calm.

Susan Fromm

Embrace

Wrap your arms around yourself and gently hold.

How does this feel?

It's a warm loving feeling to be embraced.

And it is important to give this to yourself as well as to give this to others.

Nature is filled with an abundance of being embraced.

The petals of a flower are wrapped in embrace. Seeds and trees and the earth, all are in a state of embrace.

It is nurturing to be held and to be still. And it is often easy to give this to others.

Have some time to give this to yourself.

Wrap your arms around yourself and gently breath into your holding.

This will connect you to your inner spark, and help open the gateway to allowing others to connect.

Anne Pope

Forgive

It is time to forgive.

To forgive yourself.

The perceived importance is often on forgiving others, and this is important.

But this begins from within.

Forgive yourself for all the patterns of behavior that you have been shown and have adopted.

Moving forward in your journey to your true self is a journey into becoming a lighter being. Forgiving yourself, without the need to attach a word or label on to the part you are forgiving, is an act of release, a shedding of a layer that surrounds you only in this earth plane.

Forgiving yourself is empowerment.

Connecting and releasing without the need to verbalise and put energy and vibration into that which is being dispelled.

Forgive yourself with love, and be open to the higher consciousness you will feel.

Anne Pope

Next Reading Open Day is Saturday 4th Nov 2017 10.30am-3pm

- Spiritual Mediumship Reading - find peace, healing, and upliftment as the medium bridges a connection with you and a loved one from spirit.

Mediums for the day are Matthew Tod, Susan Kirker, Karena Dixon, Robert Smith, Maria Heke.

- Trance or Reiki healing – with Lisa Coates. Experience a state of peace and well-being as the Energy encourages one to let go of all tension, anxiety, fear, or other negative feelings.

- Spiritual Artistry – Drawings from spirit with Davene an experienced artist and medium.

- Spiritual healing is also freely available on request.

Ticket options (all sessions are 20 minutes)

Option one (Any one session) – members \$20, non-members \$30

Option two (Any two sessions) – members \$30, non-members \$40

Option three (Any three sessions) – members \$50, non-members \$60

Payment: All bookings must be pre-paid. Please email your choice to events@spiritualgrowth4U.com. Internet banking account: 06 0197 0037869 – 00 reference your name and option 1, 2, or 3.

Door tickets are cash sales only. Free parking is available in the parking lot in the rear of the centre on Charles St.

Love and Light to All.