South Auckland Spiritualist Church SCNZ ™



SPIRITUAL CONNECTION & HEALING

All Welcome Sunday Service 5:30pm

WWW.SPIRITUALGROWTH4U.COM

info@spiritualgrowth4U.com 47 East Tamaki Road (down Simons Lane), Papatoetoe, Auckland 2025

Newsletter December 2024

NEWS:

Hello everyone, and welcome to December. Around this time last month, I was sharing details about our upcoming Reading Day. I'm thrilled to report that the day was a tremendous success and better than expected. We had a fantastic turnout, including many walk ins, and we were delighted to accommodate everyone. A big thank you to all who supported us and a special thanks to the Mediums who generously offered their services throughout the day.

This past month has been equally rewarding for our Sunday Services, we have recorded some larger than average attendance in a couple of services. It's been wonderful to see so many people coming together and, most importantly, enjoying the experience.

With Christmas just around the corner, this time of year can get hectic. Remember to take a moment for yourself and cherish the season as an opportunity to strengthen bonds with family and friends. The most precious gift we can share is love.

As 2024 draws to a close, we reflect on a fantastic year. It has been an honour to serve Spirit and to share this journey with all of you. We hope you've enjoyed everything the South Auckland Spiritualist Church has offered this year.

Wishing you all a very Merry Christmas and a happy, safe, and prosperous New Year.

We are thrilled to share some exciting news for 2025 Joining our lineup of visiting International Mediums will be **Colby Rebel** from the USA. Colby is an award-winning International Celebrity Psychic Medium, best-selling author, and host of the acclaimed *Colby Rebel Show* podcast. She was honoured with the prestigious title of *Best Psychic Los Angeles 2022*. During her visit, Colby will lead a 2 day workshop and a Demonstration Evening for us.

We are equally delighted to welcome **Kerry McLeod** and **Phil Dykes** to our 2025 roster of International Mediums. Known for their exceptional spiritual integrity and profound evidential mediumship, Kerry and Phil's work has touched lives across the USA, Canada, UK, Europe, Australia, New Zealand, and beyond. Together, they founded *My Mediumship* to share the truth of life after death and elevate the global standard of mediumship practice. Their visit will feature an immersive 5 day workshop experience, with additional options for 2-day and 3-day programs to suit varying schedules. They are also doing a Demonstration Evening for us.

Information and bookings for Kerry Mc Leod & Phil Dykes go to - https://www.mymediumship.com/service-page/auckland-mediumship-experience

Information and bookings for Colby Rebel email – scnzauckland@gmail.com

Mediumship Demonstration bookings email - events@spiritualgrowth4u.com

Please refer to the end of newsletter for more information on coming events.

Please go to our Facebook Page www.facebook.com/SpiritualistchurchNZ
or our Website - https://www.spiritualgrowth4u.com/ for Information on what is happening at SASC

🛡 Till next month - talk soon 🔎

Finding the True Spirit of Christmas: A Journey into Love, Peace, and Joy!

The Christmas season is upon us, a time filled with warmth, wonder, and celebration!

Every year, the holiday brings a welcome break from our daily routines and an opportunity to gather with family and friends.

But amid the sparkle of lights, gift exchanges, and festive gatherings, there lies something much deeper - a powerful spiritual invitation to find the true spirit of Christmas.

"Then the Grinch thought of something he hadn't before. Maybe Christmas, he thought, doesn't come from a store. What if Christmas, perhaps, means a little bit more!"
Dr Seuss
How the Grinch Stole Christmas!



What is the True Spirit of Christmas?

It is a call to reconnect with the limitless values of love, kindness, peace, and joy.

These are values that transcend traditions and remind us that the heart of Christmas is not found in what we receive but in what we give, share, and embody.

"The true Christmas spirit lays in your heart!"

Rediscover The True Spirit of Christmas:

Fill your soul long after the holiday lights have been packed away.

1. Connect To the Power of Love:

The essence of Christmas begins with love.

Regardless of one's faith, Christmas is a time to recognize the profound importance of love and connection.

It reminds us that love is the binding force of all humanity, capable of bringing healing and hope, even in the most challenging times.

The true spirit of Christmas calls us to love beyond our circles of family and friends.

It urges us to reach out to strangers, to those in need, and to anyone who may be feeling isolated or forgotten.

It invites us to open our hearts wide and embrace the simple truth that love is not a limited resource - the more we give it, the more it grows.

This Christmas, let us take time to listen, understand, and cherish the people in our lives.

A phone call to an old friend, a heartfelt note to a family member, or a simple act of kindness to a stranger, are small gestures which can become profound expressions of love, a love that embodies the true spirit of the season.

"When we love generously, without expecting anything in return, we create a ripple effect that can inspire others to do the same!"

Kindness and compassion are the greatest gifts of love we give one another.

-Harold W. Becker/www.thelovefoundation.com

2. Kindness Is the Heartbeat of Christmas! Kindness is at the very core of the Christmas spirit.

When we think of the season, we think of warmth, generosity, and acts of love extended not only to those we know, but also to strangers.

It is as if something magical softens our hearts, allowing us to see beyond the ordinary and reach out to touch lives in ways we might not at other times of the year.

Christmas reminds us that kindness does not have to be grand to be impactful.

A smile, a kind word, helping someone in need, or simply being present for others, can ripple through the lives of those around us, brightening their day and reminding them of their worth.

Every gesture of kindness is a seed planted in the garden of life.

And as each seed grows, so does our collective ability to make the world a kinder, more loving place.

Kindness, in its truest form, requires no recognition.

It is simply an outpouring of love - a gift that, when given freely, multiplies and returns in ways we could never imagine.

"Kindness doesn't need a holiday. it only needs a willing heart!"

3. Sharing Inner Peace with Others:

Peace is about more than the absence of conflict; it is a deep inner stillness and contentment that arises from a place of faith, trust, and surrender.

Inner peace is beyond victory or defeat.

The true spirit of Christmas is about finding that peace within ourselves so we can share it with others.

Inner peace begins with a moment of stillness.

Carve out time during this holiday season to pause, breathe, and reflect.

Create a quiet space to meditate, pray, or simply sit with your thoughts.

Let go of stress, worries, and the need to control every detail of the holidays. Instead, allow yourself to enter a state of calm, where peace can flow into your heart and mind.

Once we have cultivated inner peace, we are better able to bring peace into our relationships and interactions.

"When you make peace with yourself, you make peace with the world!"

Peace on earth will come to stay, when we live Christmas every day.

Helen Steiner Rice

4. Finding Joy in The Simple Moments:

In a world that often equates happiness with material success, the joy of Christmas is refreshingly simple.

Joy doesn't rely on expensive gifts or elaborate celebrations; instead, it comes from being present, grateful, and connected to what truly matters.

The true spirit of Christmas reminds us that joy is found in moments of connection, laughter, and shared experiences.

True joy is something we create within ourselves, independent of our circumstances.

It is in the joy of baking cookies with children, decorating the home, or watching a favourite holiday movie with loved ones.

It is the contentment that comes from knowing that we have the capacity to bring happiness to others.

To find the joy in Christmas, embrace simplicity.

Let go of the need for perfection or excess, and instead, savor the small, genuine moments of happiness.

"When we focus on giving rather than receiving, on presence rather than presents, we open ourselves to a deep, abiding joy that fills us from within!

5. Giving Is the Soul of Christmas!

Perhaps the most recognized expression of Christmas spirit is giving.

But the true spirit of Christmas teaches us that giving goes beyond material gifts. It is about sharing our time, love, and presence with others.

The beauty of giving is that it benefits both the giver and the receiver.

When we give freely, without expecting anything in return, we unlock a deep well of joy within ourselves.

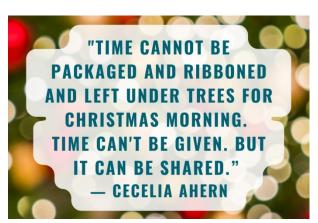
This joy is not tied to recognition or acknowledgment; it arises from knowing that we have made a difference, however small, in someone else's life.

Giving is not confined to wealth; it can also be a gift of time, love, energy, and compassion that echoes long after the holiday season.

It can be as simple as sharing a meal, spending time with someone who feels lonely, or lending a listening ear to someone in need.

It teaches us that we are all interconnected, and that in lifting each other, we lift ourselves.

"When we give with a pure heart, we find that the joy and fulfilment we receive in return far exceeds any material gain!"



6. Gratitude Is the Essence Of The Season!

The spirit of Christmas also calls us to reflect on our blessings and cultivate a sense of gratitude.

Christmas invites us to look at our lives through a lens of abundance rather than lack.

It reminds us that even in challenging times, there is always something to be thankful for such as a roof over our heads, food on our table, loved ones in our lives.

Gratitude transforms the way we experience life

It shifts our focus from what we don't have to all that we do have, creating a positive outlook that enriches our spirit and brings in more wellbeing.

This Christmas, let us take a moment to reflect on the blessings we have been given and the people who have shaped our lives. Let us reach out to those who may feel alone or less fortunate and share our gratitude by offering them kindness and support.

"Gratitude is a profound acknowledgment of all the gifts we have received, tangible and intangible!"



The Christmas Gift:

The true spirit of Christmas is a gift - a gift that invites us to grow, to give, and to love.

It transcends the boundaries of religion, culture, and tradition, touching something universal in each of us.

It calls us to see the beauty in others, to rise above our differences, and to create a world where love and kindness are the foundation of our lives.

"The true spirit of Christmas is LOVE!"

Carry The Christmas Spirit Everyday:

The true spirit of Christmas doesn't have to end when the season does.

Imagine the impact we could have on the world if we carried these principles into every day of the year.

"The values of love, kindness, peace, joy, gratitude, and selfless giving are timeless!"



Keep The Christmas Spirit Alive:

In the New Year, let us strive to keep the Christmas spirit alive.

Let us remember to love fully, give generously, and find joy in the simple moments.

Let us continue to cultivate inner peace and spread it to those around us.

Let us live with gratitude, always mindful of the blessings that fill our lives.

"When we live with the spirit of Christmas in our hearts, we transform ourselves and become beacons of hope, kindness, and compassion!"

As you celebrate this holiday season...

May you find the true spirit of Christmas within your heart.

May it inspire you to love without reservation, to live with a grateful heart, and to give selflessly.

And may it remind you that the greatest gifts are not found under the tree, but in the love, peace, and joy we bring to each other.

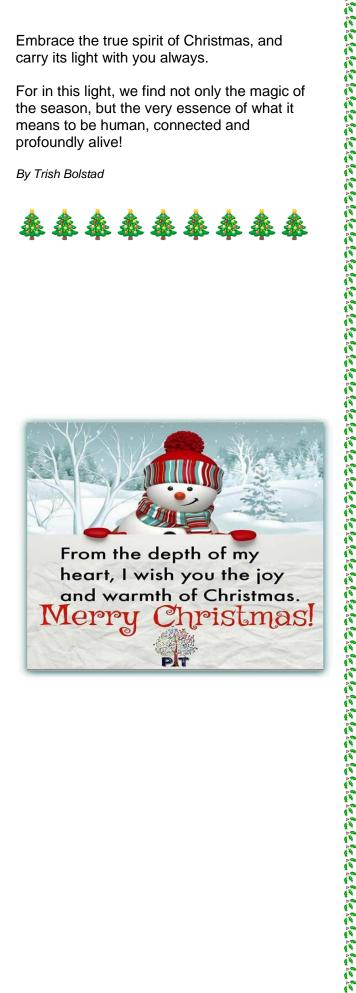
"Christmas isn't just a day. it's a frame of mind!"

Embrace the true spirit of Christmas, and carry its light with you always.

For in this light, we find not only the magic of the season, but the very essence of what it means to be human, connected and profoundly alive!

By Trish Bolstad







<u>Calendar for December 2024</u> <u>Sunday Service:</u> 5.30pm to 7.00pm Platform Mediums:

1st Rhys Wynn Davies

8th Fiona Goldsmith Development group

15th Matthew Tod

22nd Xmas Service

Mix of Open Development and Healing
Classes:
Attention:

Expressions of interest being taken For all enquires contact -

Matthew Tod Ph 021 1736344

VISTING INTERNATIONAL MEDIUMS FOR 2025

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Yearly Subscriptions: \$30 to join per year. Member benefits:

Discounted Reading days and classes and access to our library. Our members are welcome to borrow from an extensive range of books from our library. All funds raised go towards the running and upkeep of our

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A very merry Christmas and Love and Light to you all.





The 5 Day Auckland Mediumship Experience



2nd, 3rd, 4th, 5th & 6th April 2025

Coaching Excellence into Mediumship

Through a combination of theory, practical exercises, and group activities, you will learn the mechanics and formal training as well as explore the naturalness of your mediumship too.

Kerry and Phil will share their wealth of knowledge and experience, so that you learn and practice techniques for presentation in both private readings and demonstrations of mediumship.

Day 2 & 3 participants will join the larger group on days 3 and 4 respectively.

What You Will Gain

- Understand what you need to move to the next level.
- Improving your presentation and demonstration skills.
- · Deepening the Evidence you receive.
- Refining the Blend with spirit
- · Mastering the private reading.



5 day - \$800 pp - 10am - 5pm (4pm on Sunday)

3 Day - \$480 (Fri, Sat, Sun) 2 Day - \$320 (Sat, Sun)

The 2 & 3 days are part of the 5 day course.

Food and accomodation are not included

